

Corrected astigmatism shows her the money

AS an Investor Relations consultant, Ms. Ang H C spends her work hours going through an extensive amount of financial and corporate information. Her clients depend on her attention to detail when she works on company announcements and financial reports.

The 30-year-old, however, often found her left eye more tired than her right eye. She often had to squint to differentiate the numbers 3 from 8 and the letters O from D. She suffers from astigmatism in her left eye but thought that she had dealt with the problem by wearing contact lenses of a slightly higher myopia power for her left eye.

"I assumed by increasing the myopia power of my existing contact lens, it would solve the problem of my astigmatic eye. Unfortunately, I still had difficulty seeing clearly through my left eye," said Ms. Ang.

After struggling with her condition for awhile, Ms. Ang decided to seek help from her eye care professional. She came to realise what she was doing was "masking" her astigmatism. She was advised that many astigmatic contact lens wearers like



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- Ms. Ang H C,
Investor Relations consultant



her also "masked" their condition. However, this was not the recommended solution.

Her eye care professional then prescribed ACUVUE® OASYS™ for Astigmatism based on her eye care needs. Ms. Ang added, "My confidence grew leaps and bounds

since properly correcting my astigmatism. I no longer need to worry about the finer details at work and in life with my newly found crisp, clear and stable vision."

In my 11 years of practice, I have found that many contact lens wearers "masked" their astigmatism. Masked astigmats are contact lens wearers who are prescribed with a higher myopia power, in the belief that it compensates for astigmatism. Masking, especially if you have astigmatism of -0.75 degrees and higher is not recommended. The contact lens wearer usually ends up with eyestrain, headaches and squinting. In the long term, this could result in a worsening of the myopic condition.

- Ms. Yvonne Yau Yen Woei, Optometrist,
Dip. Optometry (Sin) of Optique Paris Miki.



ACUVUE® for Astigmatism is built with a unique Accelerated Stabilisation Design (ASD). It is the only technology that harnesses the natural pressures of a blink to secure the lens in its place. This innovation minimises lens movement when you lie down or tilt your head, offering you crisp, clear and stable vision all the time.

Visit an Eye Care Professional today for a thorough consultation or find out more about astigmatism at www.acuvue.com.sg/seeClearly.



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